

About Fountains

Fountains Complementary Therapy Centre is situated in a fully converted and modernised Victorian terraced property on Gold Street, Wellingborough. The Centre has many visiting therapists who are qualified in a variety of different therapies.

Gift vouchers available

Therapy Products

You can purchase any of the products we use in the centre or please visit our ebay shop:

<http://stores.ebay.co.uk/Fountains-Therapy-Products>



FOUNTAINS

COMPLEMENTARY THERAPY CENTRE

68 Gold Street - Wellingborough - Northants NN8 4QT - Tel: 01933 442793 www.fountainsctc.co.uk

Therapy Menu



Fountains Training Academy

Training Courses Available

- Body Massage
- Hot Stone Massage
- Indian Head Massage
- Facials
- Hopi Ear Candles
- Manicures and Pedicures

These are one day training courses for therapists that already hold the Anatomy and Physiology Certificate. These courses are fully accredited and insurable by ABT - Associated Beauty Therapists.

Also Available at Fountains

Hypnotherapy
Colon Hydrotherapy
Podiatry
Counselling
Emotional Freedom Technique (EFT)
Life Coaching
Aromatherapy
Neuro-Linguistic Programming (NLP)
Weight Loss Consultancy
McTimoney Chiropractic
Osteopathy
Nail Extensions
Professional Make-up

[Please Ask For Details](#)

Mondays – By appointment only
Tuesdays to Fridays 9.00 am – 6.00 pm
Evenings – by appointment only
Saturdays 9.00 am – 4.30 pm
Sundays CLOSED



**68 Gold Street, Wellingborough,
Northants. NN8 4QT**
Telephone: 01933 442793
email: therapy@fountainsctc.co.uk
www.fountainsctc.co.uk

PRICE LIST



FOUNTAINS OFFER A WIDE VARIETY OF TREATMENTS AND THERAPIES.

MASSAGES

Indian Head Massage

Traditional Massage techniques on scalp, neck and shoulders to relieve muscular tension.

£25.00

Hot Stone Massage

This is a fabulous full body treatment using hot stones to massage the body – this works more deeply than hand massage. Muscle knots can be smoothed out more easily and less painfully leaving you feeling wonderfully relaxed.

Full Body **£50.00**

Neck, Back and Shoulders **£30.00**

Back of Body **£35.00**

Holistic Massage

This wonderful total body treatment helps to relax, improve circulation and enhance flexibility.

Full Body **£40.00**

Neck, Back and Shoulders **£25.00**

Foot and Leg/Lower Limbs **£25.00**

Scalp, Neck, Back and Shoulders **£35.00**

Hydrotherm Massage

This treatment gives you a full body massage lying on your back, giving you total relaxation without having to turn over during the treatment. The heated water pads also make you feel like you are floating on air.

Full Body **£40.00**

Neck, Back and Shoulders **£30.00**

Back of body **£35.00**

Deep Tissue Massage/Sports Massage

This is an intensive deep therapeutic massage which targets problem areas. Using firmer pressure to release muscle tension.

Full Body (1 1/2hrs) **£50.00**

Full Body(1hr) **£40.00**

Neck, Back and Shoulders **£25.00**

Leg and Foot **£25.00**

Neck, Back and Shoulders + Scalp massage **£35.00**

BEAUTY TREATMENTS

Facials

Express – Cleanse, exfoliate, massage, tone and moisturise

£27.00

Luxury – Cleanse, exfoliate, massage, mask, tone and moisturise. Collagen gel mask or mask made especially for your skin type.

£32.00

Manicures

Express– File, massage, buff and polish.

£17.00

Luxury – File, massage, buff, heated mitts and polish.

£20.00

Deluxe – File, massage, buff, paraffin wax, heated mitts and polish.

£24.00

Pedicures

Express – Foot soak, hard skin removal, exfoliating scrub and foot massage.

£18.00

Luxury – Foot soak, hard skin removal, exfoliating scrub, foot massage and heated boots.

£22.00

Deluxe – Foot soak, hard skin removal, exfoliating scrub, foot massage, paraffin wax and heated boots.

£26.00

Body Wraps

Relaxing, quick and safe. This body wrap can help you lose inches and fit into clothes that were difficult.

1 treatment **£50.00**

Course of 3 **£135.00**

COMPLEMENTARY THERAPIES

Reflexology

This Massage of the feet aims to bring the body back into balance physically and emotionally. This is a very relaxing treatment.

£30.00

Hopi Ear Candles

This is a very pleasant and gentle treatment used to help treat many conditions of the ear, nose and throat areas. A relaxing massage is included.

£25.00

Reiki

Reiki uses the life force energy to help release physical, emotional and mental pain or blockages.

£20.00

WAXING

Eyebrows	£6.00
Upper Lip or Chin	£5.00
Upper Lip and Chin	£9.00
Under Arm	£12.00
Full Arm	£16.00
½ Leg	£16.00
Full Leg	£25.00
Bikini	£12.00
Male Back	<i>From</i> £20.00
Male Chest	<i>From</i> £15.00
Male ½ Leg	<i>From</i> £15.00
Male Leg	<i>From</i> £20.00
Eyebrow Threading	£6.00
Upper Lip or Chin Threading	£5.00
Upper Lip and Chin	£9.00
Eyelash Tinting	£8.00
Eyebrow Tinting	£6.00



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